

COMPETENCY PROFILE

CAREER SEARCH PROCESS

WCC: PSYCH 105 (3 credits)

Course assists students in the discovery of interests, aptitudes and abilities as they relate to the world of work. Course content focuses on the Career Search process.



SELF ASSESSMENT

- Using multiple self assessment instruments, students will develop an understanding in regards to their interests, skills, abilities, priorities, temperament, learning styles and multiple intelligences.
- Students will explore qualities and variables of the work environment as they relate to “job satisfaction.”
- Using journaling techniques, students will develop their ability to articulate their self assessment results.

OCCUPATIONAL RESEARCH


- Students will investigate characteristics of occupational fields that match their interests.
- Students will identify the education and training requirements for their fields of interest.
- Students will identify skill and ability requirements for employment in their field of interest (labor market data, working conditions, organizational patterns).


Culminating Project: students will

1. Review and summarize the results of their self assessment.
2. Demonstrate an understanding of the connection between the demands of the occupational field and their skills, values and personal strengths. Summarize the results of their occupational research.
3. Develop an action plan that articulates how their skills, strengths and interests match the demands of the selected occupational field.
 - Why does this job interest me?
 - Why am I a good match for this job?
 - How will I get from the here and now to where I want to be in the future?

Note to instructors: project could include a multi-media presentation, written report, posters, oral presentation, etc.

Textbook: (not required; on reserve in library):

 Coming Alive from Nine to Five: A Career Search Handbook, Fifth Edition (or most current); Betty Neville Michelozzi; Mayfield Publishing Company, Mt. View, California

 Or select other appropriate text