

COMPETENCY PROFILE

CPR: PEDIATRIC HEART SAVER

BTC: HLTH 105 (0.5 credits)



This course, approved by the American Heart Association (AHA), includes instruction in infant/child CPR, obstructed airway techniques and basic life support. Included is a discussion on home safety.

Outcome: Students will use appropriate CPR techniques to successfully perform CPR in an “emergency” role play situation. Upon successful completion of a skills assessment as required by AHA, students will receive an American Heart Association HeartSaver CPR card, valid for two years.

- Demonstrate knowledge of the infant and child Chain of Survival.
- Follow correct procedures for accessing Emergency Medical System (9-1-1).
- Use correct techniques to determine unresponsiveness.
- Demonstrate correct techniques for performing child & infant CPR (the ABC’s)
- Use correct techniques for opening the airway.
- Demonstrate correct procedures for assessing breathlessness.
- Demonstrate rescue breathing using a CPR mask for the Infant/child victim, according to AHA guidelines.
- Demonstrate 1-rescuer CPR for the infant/child victim, according to AHA guidelines.
- Demonstrate *relief of* foreign body airway obstruction (conscious and unconscious) for the infant/child victim, according to AHA guidelines.
- Successfully complete the American Heart Association HeartSaver basic life support skills evaluation.

Infant and Child Safety – the most common causes of fatal injuries in infants, children and adolescents include motor vehicle crashes, bicycle-related head injuries, burns or smoke inhalation, falls, toy injuries and drowning. No environment is totally safe. Prevention is the key to protecting children from accidents and injuries. **Never leave children unattended.**

College Textbooks: Current American Heart Association CPR Student Manual and other support materials.